

Chocolate PEANUT BUTTER Energy Balls



Serves:
10

(makes about 20 balls)



Total Time:
45 minutes



Estimated Cost:
\$0.40 per serving



INGREDIENTS

- 1 cup rolled oats,
- 1/2 cup peanut butter,
- 1/3 cup honey,
- 1/2 cup mini chocolate chips,
- 2 tablespoons ground flaxseed,
- 1 teaspoon vanilla extract



INSTRUCTIONS

1

Mix everything together in a bowl until fully combined.



2

Refrigerate the mixture for 30 minutes to firm up.



3

Scoop out tablespoon-sized portions and roll between your palms into balls.



4

Store in an airtight container in the fridge for up to a week, or freeze for up to a month.



Small balls, big energy! ♥ = ::

