



Weekly MEAL PLANNER



PLAN HAPPY. EAT WELL. ENJOY EVERY BITE! ♥



BREAKFAST



LUNCH



DINNER



SNACKS

MONDAY ♥

TUESDAY 🌿

WEDNESDAY ☀️

THURSDAY 🌿

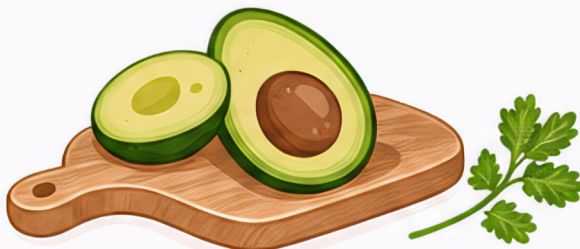
FRIDAY 🌸

SATURDAY ♥

SUNDAY 😊

SHOPPING LIST

Don't forget
the goodies! ♥



NOTES