



Cottage Cheese Toast

with Sliced Tomato ♡



SERVES: 1



TOTAL TIME:
4 minutes



ESTIMATED COST:
\$0.55 per serving

Ingredients

- 1 slice whole wheat bread,
- 3 tbsp cottage cheese,
- 1 small tomato, sliced,
- Black pepper to taste



Instructions

- 1 Toast the bread until golden.
- 2 Spread generously with cottage cheese.
- 3 Top with sliced tomato and a crack of black pepper.
- 4 Serve immediately.



Simple, fresh
and satisfying!

