



BUILDING A MODEL OF A DNA DOUBLE HELIX

In this activity, you will build a hands-on model of DNA to see how its structure helps it store genetic information.



BACKGROUND

DNA (deoxyribonucleic acid) is the molecule that carries genetic instructions in living things. It has a double helix shape, like a twisted ladder.

- The sides (backbone) are made of repeating sugar and phosphate molecules.
- The rungs are pairs of nitrogen bases.
- Base-pairing rules:
 - Adenine (A) always pairs with Thymine (T)
 - Cytosine (C) always pairs with Guanine (G)



MATERIALS

- 2 colors of beads for the backbone (e.g., red and blue)
- 4 colors of beads for the bases:
 - Adenine (A) – green
 - Thymine (T) – yellow
 - Cytosine (C) – orange
 - Guanine (G) – purple
- String or pipe cleaners
- Scissors
- Optional: bead tray or bowls to sort beads
- Reference key (see right)

REFERENCE KEY

Backbone (sugar + phosphate)

Red Blue

Base Colors

Green Adenine (A)
Yellow Thymine (T)
Orange Cytosine (C)
Purple Guanine (G)

Base Pairing Rules

A — T
A pairs with T
C — G
C pairs with G



PROCEDURE

1. **Prepare the Backbone:** Cut two equal lengths of string or pipe cleaner. These will be the sides of your DNA ladder.
2. **Add Backbone Beads:** Thread beads onto each side, using one color for each side. Add about 10–12 beads on each side. These represent the sugar-phosphate backbone.
3. **Make Base Pairs:** Using the base pairing rules, thread beads onto short pieces of string or pipe cleaner to connect the two sides.
 - A (green) must pair with T (yellow).
 - C (orange) must pair with G (purple).
 - Make 10–12 base pairs.
4. **Connect the Ladder:** Tie or twist each base pair between the two backbone strands at each level to form rungs.
5. **Twist into a Helix:** Gently twist the ladder so the sides spiral in opposite directions, forming a double helix.
6. **Check Your Model:** Make sure all base pairs follow the rules: A–T and C–G. Adjust if needed.



THINK & APPLY

1. How does the structure of DNA help it store information?

2. Where in living things do you think DNA is found?

3. If you were building a DNA model for a different organism, what would be the same? What might be different?



OBSERVATIONS

What does your DNA model look like?

How do the base-pairing rules help keep the structure consistent?

What might happen if a base were paired incorrectly?



CHALLENGE

Build a longer section of DNA with 20 or more base pairs. Can you create a neat, even twist? Try using a pattern for your base pairs.

