

Egg Salad on Whole Grain Crackers



Serves: 1 to 2



Total Time: 15 minutes



Estimated Cost: \$0.75

Ingredients

- 2 hard-boiled eggs,
- 1 tablespoon plain Greek yogurt,
- 1 teaspoon mayo,
- 1 teaspoon mustard,
- Salt and pepper to taste,
- Whole grain crackers for serving



Simple,
Satisfying &
Wholesome!

Instructions

- 1 Peel and chop the eggs.
- 2 Mix in the Greek yogurt, mayo, and mustard. Season well.
- 3 Pack the egg salad in a small container.
- 4 Include whole grain crackers on the side for scooping.