



HOMESCHOOL
COOKING

Basic Cooking

SKILLS. KNOWLEDGE. CONFIDENCE.



TODAY WE WILL:

- ☐ Learn a Cooking Skill
- ☐ Follow a Recipe
- ☐ Practice Kitchen Safety
- ☐ Work as a Team
- ☐ Clean Up Together
- ☐ Other: _____

DATE: _____

STUDENT NAME(S): _____

RECIPE / ACTIVITY: _____

SKILL FOCUS: _____

LIFE SKILL CONNECTION: _____

KITCHEN SAFETY



- Wash hands
- Read the recipe
- Use tools safely
- Ask for help
- Stay focused
- Clean as you go

WHAT WE LEARNED

New skills, techniques, or tips:



REFLECTION



What did I do well? _____

What was challenging? _____

What will I try next time? _____

How did we work as a team? _____

NOTES

RECIPE CARD

RECIPE NAME: _____

SERVINGS: _____

PREP TIME: _____

COOK TIME: _____

TOTAL TIME: _____

DIFFICULTY: ○ ○ ○

INGREDIENTS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

DIRECTIONS

- ① _____
- ② _____
- ③ _____
- ④ _____
- ⑤ _____
- ⑥ _____
- ⑦ _____
- ⑧ _____

NOTES / VARIATIONS / SUBSTITUTIONS

TOOLS & EQUIPMENT



GOOD FOOD. GREAT SKILLS. STRONGER TOGETHER.

