



TEACHING NOTES

— and —

LESSON REFLECTION JOURNAL

A PLACE TO PLAN, TEACH, REFLECT, AND GROW

DATE: _____

WEEK: _____

CHILD(REN): _____

GRADE(S): _____

LESSON / SUBJECT INFORMATION

SUBJECT:

TOPIC / LESSON:

CURRICULUM /
RESOURCE:

LEARNING OBJECTIVE(S):

OVERVIEW & PLAN

Brief plan for the lesson:

Materials / Resources Needed:

- _____
- _____
- _____
- _____
- _____

TEACHING NOTES

WHAT WE DID
*(Activities, read-alouds,
assignments, etc.)*

NOTES & OBSERVATIONS
*(Student engagement, understanding,
challenges, breakthroughs)*

ADAPTATIONS / SUPPORTS
*(What I changed, extra support provided,
what helped)*

LESSON REFLECTION



WHAT WENT WELL?



WHAT WAS CHALLENGING?



WHAT I WILL DO DIFFERENTLY NEXT TIME:



STUDENT PROGRESS & TAKEAWAYS
(What did they learn or take away from this lesson?)

REMINDERS / FOLLOW UP

☐	_____
☐	_____
☐	_____
☐	_____
☐	_____



Every lesson is a step. Every day is progress.
Keep showing up. You're doing a great job.