

Leftover Soup

as Grain Bowl



SERVES:
2 to 4



TOTAL TIME:
10 minutes



ESTIMATED COST:
\$0.70 to \$1.00
per serving

INGREDIENTS

- 1 1/2 to 2 cups leftover thick soup or stew,
- 2 cups cooked grain (rice, farro, barley, or quinoa),
- *Optional toppings:* a soft-boiled egg, handful of spinach, plain yogurt, fresh herbs, squeeze of lemon

INSTRUCTIONS

- 1 Warm the soup or stew in a small pot until hot and slightly reduced.
- 2 Spoon the grain into bowls.
- 3 Ladle the warm soup over the top.
- 4 Add your toppings and serve.

