

Mini Turkey and Cheese Pinwheels



Serves:
1 to 2



Total Time:
5 minutes



Estimated Cost:
\$1.40

Ingredients

- 1 whole wheat tortilla,
- 2 slices deli turkey (low sodium),
- 1 slice cheddar or Swiss cheese,
- 1 teaspoon mustard or mayo,
- A few baby spinach leaves

Instructions

- 1 Lay the tortilla flat. Spread a thin layer of mustard or mayo across the surface.
- 2 Layer the turkey, then cheese, then spinach.
- 3 Roll the tortilla into a tight log, then slice into 1-inch rounds.
- 4 Pack in a small container so they don't unroll.



Quick, tasty,
and perfect
for lunch!