



MUSIC PRACTICE LOG

CONSISTENT PRACTICE. STEADY PROGRESS. LIFELONG SKILLS.



STUDENT NAME: _____

INSTRUMENT: _____

MONTH / WEEK OF: _____

GOAL THIS WEEK: _____

DAY	DATE	START TIME	END TIME	TOTAL MINUTES	FOCUS / WHAT I PRACTICED	NOTES / WINS
MONDAY						
TUESDAY						
WEDNESDAY						
THURSDAY						
FRIDAY						
SATURDAY						
SUNDAY						

THINGS I'M WORKING ON

- _____
- _____
- _____
- _____
- _____

WEEKLY REFLECTION

What went well this week?

What can I improve on next week?

Something I'm proud of:



"Discipline is the bridge between goals and accomplishment."

— Jim Rohn