



Pantry Reserve Tracker



1

Suggested Starting Quantities



Grains 25-30 lbs



Proteins 10-15 lbs



Canned Vegetables 15-20 cans



Canned Fruit 10-15 cans



Cooking Oils 2-3 gallons

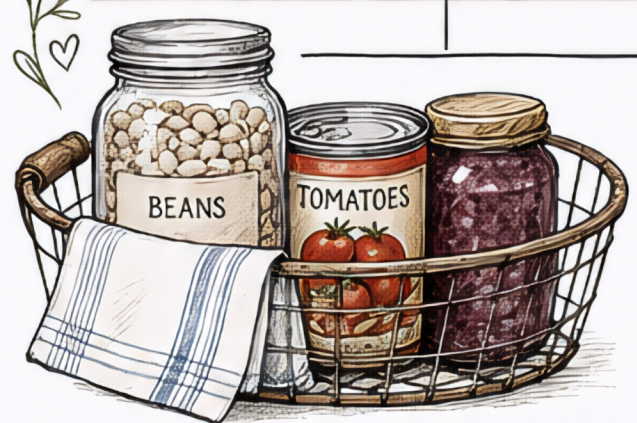


Water 1 gallon per person
per day

2

My Pantry Log

Item	Target Qty	On Hand	Date Purchased	Use By Date



Water Calculation:



_____ people x 1 gallon x _____ days
= _____ gallons needed

