



PERSONAL CARE & Home Sanitation

RESERVE LIST

HOUSEHOLD MEMBERS: _____

ADULTS: _____ CHILDREN: _____ TOTAL: _____

When you
open the last
of something,
write it down
immediately.

ITEM	QTY PER PERSON PER WEEK	ON HAND	NOTES
 1. BATHROOM BASICS - Shampoo - Conditioner - Body Wash / Soap - Deodorant - Razor / Shaving Supplies - Lotion - Hand Soap (Bathroom) - Toothpaste - Toothbrush - Mouthwash - Floss			
 2. FEMININE & INCONTINENCE - Feminine Products - Pads (Incontinence) - Guards / Liners - Adult Underwear - Wipes (Personal) - Barrier Cream			
 3. ORAL CARE - Toothpaste - Toothbrush - Mouthwash - Floss / Picks - Denture Care (if needed)			
  4. LAUNDRY & DISHES - Laundry Detergent - Fabric Softener / Sheets - Stain Remover - Dryer Sheets - Dish Soap - Dishwasher Detergent			
 5. CLEANING & DISINFECTING - All-Purpose Cleaner - Disinfectant Spray / Wipes - Bleach - Glass Cleaner - Toilet Bowl Cleaner - Scrub Sponges / Brushes - Trash Bags			
 6. PAPER PRODUCTS - Toilet Paper - Paper Towels - Facial Tissues - Napkins - Plates / Cups (Disposable) - Zip Bags / Wrap / Foil			

A little planning today brings peace of mind tomorrow.