

Sheet Pan Egg Bake



SERVES:
4 to 6



TOTAL TIME:
25 minutes



Ingredients

- 8 eggs,
- 1 cup diced bell pepper and onion,
- 1 cup cooked sausage or diced ham (optional),
- Salt, pepper, and garlic powder,
- Shredded cheese for the top

Make it ahead,
store it in the fridge,
and enjoy all week!



Instructions

- 1 Preheat oven to 375°F. Grease a 9x13 baking dish.
- 2 Scatter the vegetables and meat across the bottom.
- 3 Whisk eggs with salt, pepper, and garlic powder, then pour over everything.
- 4 Top with cheese and bake 20 to 22 minutes until the center is set.
- 5 Slice into squares and refrigerate. Reheat in the microwave for 60 seconds.

