



Trusted Information Sources

Reference Sheet



Trusted information is: Accurate, honest, up-to-date, and from reliable sources with good intentions and a clear purpose.

GO-TO SOURCE CATEGORIES



GOVERNMENT WEBSITES

Official government agencies provide factual, unbiased information.

Examples:

- usa.gov
- cdc.gov
- fda.gov
- irs.gov
- ed.gov



EDUCATIONAL INSTITUTIONS

Colleges, universities, and school systems share well-researched and objective information.

Examples:

- .edu websites
- university research centers
- school district resources



HEALTH & MEDICAL ORGANIZATIONS

Reputable health organizations offer evidence-based health information.

Examples:

- who.int
- mayoclinic.org
- webmd.com
- health.gov



REPUTABLE NEWS SOURCES

Established news organizations follow journalistic standards and fact-checking practices.

Examples:

- apnews.com
- reuters.com
- bbc.com
- npr.org
- your local news



BOOKS & PUBLICATIONS

Written by experts and published by reputable publishers or organizations.

Examples:

- non-fiction books
- peer-reviewed journals
- industry reports
- reputable magazines

QUICK CHECK: IS IT TRUSTWORTHY?

- ♥ Who is the author or organization? Are they qualified to share this information?
- ♥ What is the purpose of the information? Is it to inform, educate, or help?
- ♥ Is the information supported by evidence and expert sources?
- ♥ When was it published or last updated?
- ♥ Is the website secure and professional? (https:// and no excessive ads or pop-ups)
- ♥ Does it align with other reliable sources?



BE CAUTIOUS OF:

- ✗ Information with strong bias or emotional language
- ✗ Websites trying to sell you something or collect personal data
- ✗ Claims without evidence or sources
- ✗ Outdated information
- ✗ Social media posts as the only source

NOTES

