



My Weekly Chores



Good Habits Today, Great Future Tomorrow!

Name: _____

Week of: _____

MY CHORES	RESPONSIBILITY RATING 1 = Low 5 = High	MON	TUE	WED	THU	FRI	SAT	SUN
Make My Bed	☆☆☆☆☆	★	★	★	★	★	★	★
Do My Laundry	☆☆☆☆☆	★	★	★	★	★	★	★
Wash Dishes	☆☆☆☆☆	★	★	★	★	★	★	★
Vacuum My Room	☆☆☆☆☆	★	★	★	★	★	★	★
Take Out the Trash	☆☆☆☆☆	★	★	★	★	★	★	★
Homework / Study	☆☆☆☆☆	★	★	★	★	★	★	★
Exercise / Be Active	☆☆☆☆☆	★	★	★	★	★	★	★
Help Around the House	☆☆☆☆☆	★	★	★	★	★	★	★

WEEKLY REFLECTION

What did I do well this week? _____

What can I improve next week? _____

I'm proud of myself for _____



NOTES

