



My Weekly Chores



Small Efforts. Big Impact. Great Future.

CHORES	RESPONSIBILITY RATING (1 = Low 5 = High)	MON	TUE	WED	THU	FRI	SAT	SUN
 Make My Bed	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐
 Do Laundry	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐
 Clean My Room	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐
 Wash Dishes	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐
 Take Out Trash	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐
 Study / Homework	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐
 Help Around the House	☆ ☆ ☆ ☆ ☆	☐	☐	☐	☐	☐	☐	☐

RESPONSIBILITY RATING GUIDE

- 1 - Very Easy
- 2 - Easy
- 3 - Moderate
- 4 - Challenging
- 5 - Very Important



WEEKLY REFLECTION

What went well this week?

What could I improve?

I'm proud of myself for...

GOALS FOR NEXT WEEK

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YOU'VE GOT THIS! KEEP GOING, KEEP GROWING!

