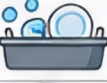




My Weekly Chores

Good Habits. Great Choices. Stronger You. Brighter Future! ♥



TASK / CHORE	HOW RESPONSIBLE? (Rate Yourself)	MON	TUE	WED	THU	FRI	SAT	SUN	DONE! Weekly Total
 Make My Bed	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	
 Laundry (Wash & Fold)	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	
 Clean My Room	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	
 Vacuum / Sweep Floors	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	
 Wash Dishes	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	
 Take Out Trash	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	
 Help with Yard or Plants	 1  2  3  4  5	☐	☐	☐	☐	☐	☐	☐	

WEEKLY REFLECTION

What chores did I do really well this week? _____

What can I improve next week? _____

How did helping out make a difference? _____



♥
**You've Got
This!**

Every effort counts.
Every day matters.



NOTES

