

Yogurt Bark



Serves: 4



Total Time:
5 minutes
(plus 2 hours
freezing)

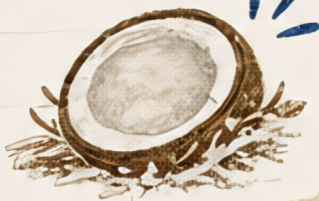


Estimated Cost:
\$0.55
per serving



Ingredients

- 2 cups plain Greek yogurt,
- 2 tablespoons honey,
- 1/2 cup fresh or frozen (thawed) berries,
- 2 tablespoons granola,
- Optional: mini chocolate chips, sliced banana, shredded coconut



Instructions

1

Line a baking sheet with parchment paper.

2

Stir the honey into the yogurt and spread it out onto the parchment about half an inch thick.

3

Scatter the berries, granola, and any other toppings evenly across the surface.

4

Freeze for at least two hours until solid.

5

Break into pieces and store in a zip-lock bag in the freezer.

